

CONFIRMATION YEAR TWO ASSIGNMENT-Week of March 15, 2020

LESSON 13: “What Does the Holy Spirit Do For Me?”

(Gift for the Journey)

1) Accept the email invitation which was emailed to you March 16, 2020. Create an account on the Ascension Press website for the CHOSEN Study Group. Your **REDEEM CODE** is: **9ZMLPC**


2) Follow the directions so that you may **join the study CHOSEN: Your journey towards Confirmation**

3) Once your account is created, you will be able to sign on to this website and view the videos which are part of your lesson, as your Catechist did during your class sessions. You will just scroll down to the assigned Lesson video.

4) **The assignment this week is LESSON 13: “What does the Holy Spirit Do For Me? (Gifts for the Journey)** . Sign into the Chosen site and cue up the Lesson 15 videos to watch at the appropriate time during your lesson.

6) Remember to start your lesson by praying the Opening Prayer. Invite the Holy Spirit to inspire you as you complete the Reading, exercises, questions and view videos in Lesson 15.

7) As an addition to your prayer, you may want to cue up on YOUTUBE : “Holy Spirit” by Francesca Battistelli. It is a beautiful song about the Holy Spirit which is sure to inspire your lesson experience if you allow it.

8) Read all sections, watch the videos as they come in the lesson. Complete all exercises, including completing the Watch It and Find It?  *Hint: Acts*

9) Complete the Challenge about reading the Isaiah 11:1-9 passage and write about it in your book.

10) This lesson makes much more sense when you read the Letters of St Paul to the Galatians. In the “Taking it Home” section/Wrap Up, the readings of Galatians are introduced. You have been wearing t-shirt for almost two years with the names of the Gifts of the Holy Spirit. It is time you have a better idea of their power and purpose.

11) Read Galatians 5: 13-26, with a focus on verses 22-23. Then Continue to Chapter 6 of Galatians, verses 1-10. Answer the following questions:

1. In Chapter 5 verse 13, it says, “For you were made for freedom brothers. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love.” What freedom is St. Paul talking to the Galatians (and us) about? Who granted us this freedom and for what purpose?
2. For you personally, how are you using this freedom for which you have been called? Describe and discuss how you use this freedom, what habits or choices you might want to change, improve or continue. Be specific.

3. Review the “fruits of the Spirit” listed in Galatians 5:22-23 and contrast them with the “works of the flesh” listed in Galatians 5: 14-21. Look up the meanings of the words you may not understand. Reflect on both sets and describe how they show up in your life, both fruits and “works of the flesh.” For example, you may not worship actual idols (idolatry) or participate in orgies, but do you worship (devote time, energy, talent, resources) other things, other relationships in your life more than you devote to your relationship with God? Do they have a higher priority in your daily life? For instance, binge watching videos, or hours of video games but you don’t set aside a daily amount of time for meaningful prayer or examining your conscience, your relationship with God, attending Mass, sacraments, or study of Scripture.
4. Right now, you aren’t in school for awhile and most likely, aren’t participating in the many extracurricular activities you usually do. Take advantage of this gift of time to create and dedicate space for God. Make it fun. Create a playlist* of Christian based music (there’s a lot of great music out there) and listen to it through your day as a casual form of prayer and connection. Allow the gifts and fruits of the Holy Spirit to work within you as you approach Confirmation in May.
5. In Chapter 6, St. Paul discusses how we are called to support our brothers’ burdens. How do you support others in your life with a “gentle spirit?”
6. Look at Galatians 6: 2-5: How can you bear another’s burdens? Is that fair to ask you to do when you have your own burdens to bear? Discuss.
7. Galatians 6:9-10 (review). During this time of crisis in the world, how can you use this verse to guide you to be of service to others now? Describe.

- **Suggested starting playlist:**

Artist: Casting Crowns: “God of All My Days” “Great Are You, Lord” “Oh My Soul”

Artist: For King and Country: “God Only Knows” “Joy”

Artist: Toby Mac: “I Need You” “Everything”

Artist: Francesca Battistelli: “Holy Spirit”

Artist: Sarah Hart: “Spirit of God”

Artist: Tasha Layton: “Love Lifting Me”

Artist: Fr. Rob Galea/Ivan Diaz: “Aqui Estoy” (Here I Am)

Artist: Hillsong: “Who You Say I Am”

Artist: Zach Williams: “Fear is a Liar”

As you listen to these videos others will pop up that you may discover you actually enjoy and inspire you. Prepare to be amazed!

DAILY PRAYER EXERCISE

ANIMA CHRISTI

(Body of Christ)

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

Oh, Good Jesus, hear me.

Within your wounds, hide me.

Separated from you, let me never be.

From the evil one, protect me.

At the hour of death, call me.

And close to You, bid me.

That with your saints, I may be.

Praising you forever and ever.

Amen.

For a deeper prayer experience:

Pray and reflect on one line only per day until you complete the prayer. Make notes on each day's reflection.

For added inspiration, listen to the hymn "Spirit of Christ" (Sarah Hart). Look it up on You Tube. Reflect on the prayer as you listen to the song, or just close your eyes and allow it to wash over you.